

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Oct 16th - 9-11am-Parking Lot Early Winter Olympics - Weston Vs Bayshore!				9:30 Morning Walk 1 10:00 Small Group Exercise Aid will select group 1:30 Bocci 2:45 Word Game 3:30 Tuck Shop	9:30 Morning Walk 2 10:00 Bucketball Main Lounge 1:30 BINGO 2:45 Trivia 3:30 Tuck Shop	10:30 Chair Yoga with Katalin – Activity Lounge 3 11:15 Sing-along TV Rm 1:30 Ladder Ball 2:45 Boggle 3:30 Tuck Shop Simchat Torah Begins
12:15 Early Tuck Shop 4 1:30 Bingo with Karen 2:45 Sing a-long 3:30 Trivia	9:30 Morning Walk 5 10:00 Small Group Exercise Aid will select group 1:30 BINGO 2:45 Word Game 3:30 Tuck Shop	9:30 Morning Walk 6 10:00 Stretch & Strengthen Exercise 2-3:30 Concert with “Tristan”	“Nad” Vendor 7 9:30 Mass TV Room 10:00 Small Group Exercise Aid will select group 1:30 BINGO 2:45 Trivia 3:30 Tuck Shop	9:30 Morning Walk 8 10:00 Small Group Exercise Aid will select group 1:30 Bean Bag Toss 2:45 Word Game 3:30 Tuck Shop	9:30 Morning Walk 9 10:00 Wendy Water Colour 1:30 BINGO 2:45 Jeopardy Game 3:30 Tuck Shop	10:30 Chair Yoga with Katalin – Activity Lounge 10 11:15 Sing-along TV Rm 1:30 Bullseye 2:45 Words in Words 3:30 Tuck Shop
12:15 Early Tuck Shop 11 1:30 Ladder Ball 2:45 Sing a-long 3:30 Trivia	Happy Thanksgiving! 12 10:30 Bullseye Activity Lounge 1:30 BINGO 2:45 Jeopardy Game 3:30 Tuck Shop Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	9:30 Morning Walk 13 10:00 Stretch & Strengthen Exercise 1:30 Bocci 2:45 Word Game 3:30 Tuck Shop	“Kip” Vendor 14 9:30 Morning Walk 2:00 Mass with Father Jose 4:30pm-TV Room “Alice” Theme Dinner Sign up with Karen	9:30 Morning Walk 15 10:00 Small Group Exercise Aid will select group 1:30 Bucketball 2:45 Word Game 3:30 Tuck Shop	Winter Olympics 16 Weston Vs Bayshore 9-11am-Parking Lot 1:30 BINGO 2:45 Word Game 3:30 Tuck Shop	10:30 Chair Yoga with Katalin – Activity Lounge 17 11:15 Sing-along TV Rm 1:30 Horseshoes 2:45 Trivia 3:30 Tuck Shop
12:15 Early Tuck Shop 18 1:30 Bean Bag Toss 2:45 Sing a-long 3:30 Words in Words	9:30 Morning Walk 19 10:00 Small Group Exercise Aid will select group 1:30 BINGO 2:45 Word Game 3:30 Tuck Shop	Cloverdale Mall 20 Sign up with Karen Meet in lobby at 930 10:00 Stretch & Strengthen Exercise 1:30 Ladder Ball 2:45 Jeopardy Game 3:30 Tuck Shop	9:30 Mass TV Room 21 10:00 Small Group Exercise Aid will select group 1:30 BINGO 2:45 Trivia 3:30 Tuck Shop	9:30 Morning Walk 22 10:00 Small Group Exercise Aid will select group 2pm Concert with “Jay-One Man Band”	9:30 Morning Walk 23 10:00 Wendy Water Colour 10:00 Relaxation Reiki With Carmelita 1:30 BINGO 2:45 Word Game 3:30 Tuck Shop	10:30 Chair Yoga with Katalin – Activity Lounge 24 11:15 Sing-along TV Rm 1:30 Ladder Ball 2:45 Boggle 3:30 Tuck Shop
12:15 Early Tuck Shop 25 1:30 Bullseyes 2:45 Sing a-long 3:30 Trivia	9:30 Morning Walk 26 10:00 Small Group Exercise Aid will select group 1:30 BINGO 2:45 Word Game 3:30 Tuck Shop	9:30 Morning Walk 27 9:30 Baking Class Sign up with Karen 10:00 Stretch & Strengthen Exercise 1:30 Bucketball 2:45 Jeopardy Game 3:30 Tuck Shop	“Variety” Vendor 28 9:30 Mass TV Room 10:00 Horseshoes Activity Lounge 1:30 BINGO 2:45 Trivia 3:30 Tuck Shop	“888” Vendor 29 9:30 Morning Walk 10:00 Small Group Exercise Aid will select group 1:30 Bocci 2:45 Word Game 3:30 Tuck Shop	9:30 Morning Walk 30 10:00 Relaxation Reiki With Carmelita 1:30 Halloween Party Food & Fun Prizes for best costumes	10:30 Chair Yoga with Katalin – Activity Lounge 31 11:15 Sing-along TV Rm 1:30 Bean Bag Toss 2:45 Words in Words 3:30 Tuck Shop Halloween