

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

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| | | | <p>Happy Canada Day! 1</p> <p>9:30 Mass TV Room</p> <p>10:30 Small Group Exercise</p> <p>1:30 BINGO</p> <p>2:45 Boggle</p> <p>3:15 Tuck Shop <small>Canada Day</small></p> | <p>"888" Vendor 2</p> <p>9:30 Morning Walk</p> <p>10:00 Small Group Exercise Aid will select group</p> <p>1:30 Bucket Ball</p> <p>2:45 Word Game</p> <p>3:15 Tuck Shop</p> | <p>9:30 Morning Walk 3</p> <p>10:00 Relaxation Reiki With Carmelita</p> <p>10:00 Horseshoes Main Lounge</p> <p>1:30 BINGO</p> <p>2:45 Trivia</p> <p>3:15 Tuck Shop</p> | <p>9:30 Morning Walk 4</p> <p>10:30 Chair Yoga with Katalin – Activity Lounge</p> <p>11:15 Sing-along TV Rm</p> <p>1:30 Bean Bag Toss</p> <p>2:45 Word Game</p> <p>3:15 Tuck Shop <small>Independence Day (U.S.)</small></p> |
| <p>9:30 Morning Walk 5</p> <p>10:30 Ladder Ball</p> <p>1:30 Ring Toss</p> <p>2:45 Trivia</p> <p>3:15 Tuck Shop</p> | <p>9:30 Morning Walk 6</p> <p>10:00 Small Group Exercise Aid will select group</p> <p>1:30 BINGO</p> <p>2:45 Tuck Shop</p> <p>3:00 Hearing Clinic TV Room</p> | <p>9:30 Morning Walk 7</p> <p>10:00 Stretch & Strengthen Exercise</p> <p>1:30 Bowling</p> <p>2:45 Words in Words</p> <p>3:15 Tuck Shop</p> | <p>9:30 Morning Walk 8</p> <p>10:00 Small Group Exercise Aid will select group</p> <p>2:00 Mass with Father Jose Activity Lounge</p> <p>3:15 Trivia</p> <p>Games Night 6:30pm</p> | <p>Massage Therapy 9</p> <p>9am to 2pm Appointments arranged by Karen & Maria</p> <p>1:30 Word Game TV Room</p> <p>3:15 Tuck Shop</p> | <p>9:30 Morning Walk 10</p> <p>10:00 Relaxation Reiki With Carmelita</p> <p>10:00 Horseshoes Main Lounge</p> <p>1:30 BINGO</p> <p>2:45 Trivia</p> <p>3:15 Tuck Shop</p> | <p>9:30 Morning Walk 11</p> <p>10:30 Chair Yoga with Katalin – Activity Lounge</p> <p>11:15 Sing-along TV Rm</p> <p>1:30 Bean Bag Toss</p> <p>2:45 Word in Words</p> <p>3:15 Tuck Shop</p> |
| <p>9:30 Morning Walk 12</p> <p>10:30 Ladder Ball</p> <p>1:30 Bullseyes</p> <p>2:45 Word Game</p> <p>3:15 Tuck Shop</p> | <p>9:30 Morning Walk 13</p> <p>10:00 Small Group Exercise Aid will select group</p> <p>1:30 BINGO</p> <p>2:45 Jeopardy Game</p> <p>3:15 Tuck Shop</p> | <p>"Adrian" Vendor 14</p> <p>9:30 Morning Walk</p> <p>10:00 Small Group Exercise Aid will select group</p> <p>1:30 Banana Splits Main Lounge</p> <p>2:45 Trivia</p> <p>3:15 Tuck Shop <small>Bastille Day</small></p> | <p>9:30 Morning Mass 15</p> <p>10:00 Stretch & Strengthen Exercise</p> <p>1:30 BINGO</p> <p>3:15 Tuck Shop</p> | <p>9:30 Morning Walk 16</p> <p>10:00 Small Group Exercise Aid will select group</p> <p>2:00 Concert Jay...One Man Band Main lounge</p> | <p>9:30 Morning Walk 17</p> <p>10:00 Relaxation Reiki With Carmelita</p> <p>10:00 Horseshoes Main Lounge</p> <p>1:30 BINGO</p> <p>2:45 Trivia</p> <p>3:15 Tuck Shop</p> | <p>9:30 Morning Walk 18</p> <p>10:30 Chair Yoga with Katalin - Activity Lounge</p> <p>11:15 Sing-along TV Rm</p> <p>1:30 Bean Bag Toss</p> <p>2:45 Word Game</p> <p>3:15 Tuck Shop</p> |
| <p>9:30 Morning Walk 19</p> <p>10:30 Ladder Ball</p> <p>1:30 Ring Toss</p> <p>2:45 Trivia</p> <p>3:15 Tuck Shop</p> | <p>9:30 Morning Walk 20</p> <p>10:00 Small Group Exercise Aid will select group</p> <p>1:30 BINGO</p> <p>2:45 Boggle</p> <p>3:15 Tuck Shop</p> | <p>9:30 Morning Walk 21</p> <p>10:00 Stretch & Strengthen Exercise</p> <p>1:30 Bocci Ball Activity Lounge</p> <p>2:45 Jeopardy Game</p> <p>3:15 Tuck Shop</p> | <p>"Bedding & More" Vendor 22</p> <p>9:30 Mass TV Room</p> <p>10:00 Small Group Exercise Aid will select group</p> <p>1:30 BINGO</p> <p>2:45 Jeopardy Game</p> <p>3:15 Tuck Shop</p> | <p>Word Search & Puzzles Are Available at Reception. 23</p> <p>Center Island Trip</p> | <p>9:30 Morning Walk 24</p> <p>Massage Therapy 9am to 2pm Appointments arranged by Karen & Maria</p> <p>1:30 Trivia TV Room</p> | <p>9:30 Morning Walk 25</p> <p>10:30 Chair Yoga with Katalin - Activity Lounge</p> <p>11:15 Sing-along TV Rm</p> <p>1:30 Bean Bag Toss</p> <p>2:45 Word Game</p> <p>3:15 Tuck Shop</p> |
| <p>9:30 Morning Walk 26</p> <p>10:30 Ladder Ball</p> <p>1:30 Bullseyes</p> <p>2:45 Trivia</p> <p>3:15 Tuck Shop</p> | <p>9:30 Morning Walk 27</p> <p>10:00 Small Group Exercise Aid will select group 2:00pm Staff Appreciation BBQ Lawn Area</p> <p>Get a Bird's Eye view from the patio!</p> | <p>9:30 Morning Walk 28</p> <p>10:00 Stretch & Strengthen Exercise</p> <p>1:30 BINGO</p> <p>2:45 Words in Words</p> <p>3:15 Tuck Shop</p> | <p>9:30 Mass TV Room 29</p> <p>10:00</p> <p>1:30 BINGO</p> <p>2:45 Boggle</p> <p>3:15 Tuck Shop</p> | <p>9:30 Morning Walk 30</p> <p>10:00 Small Group Exercise Aid will select group</p> <p>1:30 Bullseyes</p> <p>2:45 Word Game</p> <p>3:15 Tuck Shop</p> | <p>9-11am (Parking Lot) 31</p> <p>Summer Olympics Weston Gardens Vs Bayshore</p> <p>10:00 Relaxation Reiki With Carmelita</p> <p>1:30 Bingo</p> <p>3:00 Resident Mgmt. Mtg. Main Lounge</p> | <p>Summer Olympics Weston Vs. Bayshore! Go Weston!</p> |