

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: red; font-size: 2em;">NOVEMBER 2023</h1>			9:30 Mass TV Room 1 10:00 Bocce Ball 1:00 Tuck Shop 2:00 Bingo 3:15 Seek and Find	10:00 Cloverdale Mall 2 <i>Meet in Lobby 9:30 (Return 1:30pm)</i> 10:00 Move & Groove Exercise Class 2:00 BINGO 3:00 Word Game	10:00 Wendy-Water Color Activity Lounge 3 10:00 Relaxing Reiki TV Room 1:00 Tuck Shop 2:00 BINGO 3:15 Trivia – Activity Rm	10:00 Bean Bag Toss 4 11:00 Sing A-long-TV Rm 1:00 Tuck Shop 2:00 Ladder Ball 3:15 Trivia-Activity Rm 7:00 Saturday Night Movie
10:00 Bullseyes 5 11:00 Trivia–Activity Rm 1:00 Tuck Shop 2:00 Horseshoes 3:15 Sing-a-long-TV Rm	9:45-11:45 6 Easy Crafts with Gloria Activity Lounge 11:15 Lunch Club – P & M Restaurant <i>Meet in the lobby-11:30</i> 2:00 Bowling	9:15 Morning Walk 7 <i>Weather Permitting</i> 10:00 Stretch & Strengthen Exercise 1:00 Tuck Shop 2:00 Bingo	9:15 Morning Walk 8 <i>Weather Permitting</i> 10:30 Ladder Ball 1:00 Tuck Shop 2:00 In Person Mass With Father Jose Activity Lounge	9:15 Morning Walk 9 <i>Weather Permitting</i> 10:00 Move & Groove Exercise Class 1:00 Tuck Shop 2:00 “Bernice Gopin” Music Concert Main Lounge	9:15 Morning Walk 10 <i>Weather Permitting</i> 10:00 Relaxing Reiki TV Room 1:00 Tuck Shop 2:00 BINGO 3 15 Word Game Activity Rm.	10:15 Remembrance Day Service –TV Rm - CBC 11 1:00 Tuck Shop 2:00 Horseshoes 3:15 Trivia-Activity Rm 7:00 Saturday Night Movie <small>Veterans Day Remembrance Day (Canada)</small>
10:00 Bean Bag Toss 12 11:00 Trivia–Activity Rm 1:00 Tuck Shop 2:00 Ladder Ball 3:15 Sing-a-long-TV <small>Diwali (Hindi)</small>	9:15 Morning Walk 13 <i>Weather Permitting</i> 9:45-11:45 Easy Crafts with Gloria Activity Lounge 1:00 Tuck Shop 2:00 BINGO 3:15 Trivia – Activity Rm.	9:15 Morning Walk 14 <i>Weather Permitting</i> 10:00 Stretch & Strengthen Exercise 1-5pm Massage Therapy Clinic Activity Lounge	“888 Vendor” 15 9:30 Mass TV Room 10:00 Balloon Volleyball Activity Lounge 1:00 Tuck Shop 2:00 Bingo 3:15 Trivia	Woodbine Casino 16 <i>Leaves 10:15 - Return 1:45</i> Lunch must be purchased at Casino-no outside food allowed. 10:00 Move & Groove Exercise Class 2:30 Bowling Activity Lounge	“Loila the Vendor” 17 10:00 Wendy-Water Color Activity Lounge 10:00 Relaxing Reiki TV Room 1:00 Tuck Shop 2:00 BINGO	10:00 Ring Toss 18 11:00 Sing A-long-TV Rm 1:00 Tuck Shop 2:00 Bean Bag Toss 3:15 Trivia-Activity Rm 7:00 Saturday Night Movie
10:00 Horseshoes 19 11:00 Trivia–Activity Rm 1:00 Tuck Shop 2:00 Bullseyes 3:15 Sing-a-long-TV Rm	9:15 Morning Walk 20 <i>Weather Permitting</i> 9:45-11:45 Easy Crafts with Gloria Activity Lounge 1:00 Tuck Shop 2:00 Ladder Ball 3:15 Trivia – Activity Rm.	9:15 Morning Walk 21 <i>Weather Permitting</i> 10:00 Stretch & Strengthen Exercise 1:00 Tuck Shop 2:00 Current Affairs With George-Activity Rm	9:30 Mass TV Room 22 10:30 Bean Bag Toss 1:00 Tuck Shop 2:00 Bingo 3:15 Trivia 6:30 Games Night- See Poster	9:15 Morning Walk 23 <i>Weather Permitting</i> 10:00 Move & Groove Exercise Class 1:00 Tuck Shop 2:00 Coro Italia Toronto Choir Main Lounge <small>Thanksgiving Day (US)</small>	10:00 Relaxing Reiki TV Room 24 1:00 Tuck Shop 2:00 Circle Enrichment Speaker - TV Rm “The Evolution of Memory” “100 Years of Remembrance Day”	10:00 Horseshoes 25 11:00 Sing A-long-TV Rm 1:00 Tuck Shop 2:00 Bullseyes 3:15 Trivia-Activity Rm 7:00 Saturday Night Movie
10:00 Bean Bag Toss 26 11:00 Trivia–Activity Rm 1:00 Tuck Shop 2:00 Ladder Ball 3:15 Sing-a-long-TV	9:15 Morning Walk 27 <i>Weather Permitting</i> 9:45-11:45 Easy Crafts with Gloria Activity Lounge 1:00 Tuck Shop 2:00 BINGO 3:15 Word Game Activity Rm.	9:15 Morning Walk 28 <i>Weather Permitting</i> 10:00 Stretch & Strengthen Exercise 1-5pm Massage Therapy Clinic Activity Lounge	9:30 Mass TV Room 29 10:00 Balloon Volleyball Activity Lounge 1:00 Tuck Shop 2:00 Bingo 3:15 Trivia	10:00 Move & Groove Exercise Class 30 1:00 Tuck Shop 2:00 Resident Management Meeting Wine & Cheese Main lounge	 <p style="font-size: 1.2em;"> Trip of the Month Woodbine Casino November 16th Limited Seating Available Sign Up with Karen </p>	